



IMA TELlicherry NEWS LETTER – JUNE 2019

ORGANIZATIONAL ACTIVITIES

12.06.2019: Executive Meeting

Executive committee was held at IMA hall on 12.06.2019. President welcomed the gathering. 32 members attended the meeting.



15.06.2019: District Committee

A District Committee Meeting was held under the leadership of Dr. Babu Ravindran and Dr. Srikumar Vasudevan to discuss about the medical strike on 17.06.2019. Office bearers from all the branches participated in the meeting and offered their full support for the strike.

17.06.2019: Medical Strike

Medical Strike was a total success as all the private doctors in our branch stayed away from their work on that day. The Govt doctors protested by boycotting the OP for 2 hours.



26.06.2019: General Body Meeting

The **General Body Meeting** was held on 26.06.2019 at IMA Hall Thalassery at 8.00 pm. Dr. Rajeev Nambiar presided over the meeting. 45 members attended the meeting.



26.06.2019: Clinical Meeting

The **Clinical Meeting** was held on 26.06.2019 IMA Hall Thalassery at 8.00 pm. Clinical case presentations were done by Dr. John Alappat, Dr. Naveen K, Dr. Nizamudheen M P, Dr. Sanjeev, Dr. Dilnath Kallat, Dr. Sajith Babu T P and Dr. Ajay, which was followed by a lively interaction. Dr. Rajeev Nambiar presided over the meeting 45 members attended the meeting.

29.06.2019: Reception to Sri.K Muraleedharan,MP

A reception to Sri.K Muraleedharan was arranged at IMA Hall Thalassery on 29.06.2019 at 7.30pm. Dr.Rajeev Nambiar (President IMA Thalassery) welcomed the gathering. Dr.Babu Ravindran in his keynote address explained about the problems faced by the medical fraternity. Dr.Srikumar Vasudevan (Convener, Ethics Committee) handed over a memorandum to MP Sri.K Muraleedharan on behalf of doctors of IMA Thalassery. Dr.Johnny Sebastian (Secretary IMA) proposed the vote of thanks.



ACADEMIC ACTIVITIES

09.06.2019: CME on Immunization

IMA Thalassery along with IAP Thalassery conducted a CME on Immunisation for IMA members on 09.06.2019 . Programme was inaugurated by Dr.Sajeev Kumar P B(Vice President,IMA) at IMA Hall Thalassery. Dr.Geetha,M G (Professor, Dept of Pediatrics, GMC Kozhikode) Dr.Anandakeshavan T M (Professor, Dept of Pediatrics, GMC, Idukki),

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Dr.Sindhu T G (Additional Professor, Dept of Pediatrics, GMC Kozhikode), Dr.Satheesan (Consultant Pediatrician, District Hospital, Kannur) and Dr.Johnny Sebastian(Consultant Pediatrician, CHC Pinarayi & Secretary IMA Thalassery) took classes on various topics. The CME was followed by a panel discussion with Dr.Mohandas Nair as the moderator and our senior members Dr.K P A Siddeek, Dr.Jayagopal P P, Dr.Sakkariya P P and Dr.Dilnath Kallat as panelists. The programme was attended by 55 doctors.



SOCIAL ACTIVITIES

Health Education

01.06.2019: Gynecological Health Education Class

WIMA Thalassery conducted a Gynecological Health Education Class for the students and teachers of NTTF Thalassery. The class was conducted by Dr.Seethalakshmi K V, Consultant Gynecologist, Tellicherry Co-operative Hospital. The class was well appreciated.



OBSERVATION OF IMPORTANT DAYS

05.06.2019: World Environmental Day Planting Mango saplings at Tellicherry Co-operative Hospital

As part of the World Environmental Day IMA Thalassery and IAP Kerala conducted a programme at Tellicherry Co-operative Hospital. Mango saplings were planted by Adv.Gopalakrishnan (President, Tellicherry Co-operative Hospital)



Planting Mango saplings at Mission Hospital, Thalassery

As part of the World Environmental Day IMA Thalassery and IAP Kerala conducted a programme at Mission Hospital, Thalassery. Mango saplings were planted by Dr. Santosh M K (President, IAP Kerala)



Planting Jackfruit saplings at Royal Malabar Hospital, Thalassery

As part of the World Environmental Day IMA Thalassery and IAP Kerala conducted a programme at Royal Malabar Hospital, Thalassery. Jackfruit saplings were planted by Dr. P R Venugopal (Gynaecologist, Royal Malabar Hospital)



Planting Mango saplings at Josgiri Hospital, Thalassery

As part of the World Environmental Day IMA Thalassery and IAP Kerala conducted a programme at Josgiri Hospital, Thalassery. Mango saplings were planted by Dr. Jeevaraj, Dr. Sr. Deepa & Dr. Sr. Lillisa.



14.06.2019: Blood donors day

As a part of blood donors day, WIMA member donating platelets through apheresis.



14.06.2019: Protest Day

IMA Thalassery observed the Protest Day against the atrocities towards the medical community by conducting a protest meeting at IMA Hall Thalassery, inaugurated by Dr. Babu Ravindran T N. Dr. Srikumar Vasudevan, Dr. Jalaludheen, Dr. Janardhanan, Dr. Radha, Dr. K K Ravindran, Dr. Mini Balakrishnan, Dr. Jayakrishnan Nambiar and Dr. Sreeja Viswan spoke on the occasion and all of them emphasized on the need of a Central Act for the protection of doctors. Welcome address was delivered by Dr. Rajeev Nambiar (President IMA Thalassery) and the vote of thanks was delivered by Dr. Johnny Sebastian (Secretary IMA Thalassery). The meeting was followed by a press meet at the press club which was attended by our members, Dr. Babu Ravindran, Dr. Srikumar Vasudevan, Dr. Rajeev Nambiar, Dr. Johnny Sebastian, Dr. Radha, Dr. Mini Balakrishnan, Dr. Sreeja Viswan and Dr. Radhika. The press meet was followed by a lively interaction. Office Bearers from various organizations like IDA, Lions Club, Jaycee, Rotary, Senior Citizen Forum, Love India Charitable Trust, Brexa expressed their solidarity to IMA for IMA

Protest Day against the atrocities against doctors.



21.06.2019: International Yoga Day

As part of International Yoga Day, Thalassery IMA conducted a Yoga Class for doctors at IMA Hall Thalassery on 21.06.2019 at 6.30am. 10 doctors along with their families attended the yoga class. Dr. Isha Karunakaran, our senior member was the instructor.



Zumba class

As part of fitness programme for woman members, Zumba dance sessions are conducted every Sundays.

26.06.2019: International Day Against Drug Abuse and Illicit Trafficking

- Dr. Sajeew Kumar (Psychiatrist, Thalassery Co-operative Hospital) conducted an awareness class at St. Josephs

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Higher Secondary School, Thalassery. Around 200 students and teachers attended the function. WHO Theme for this year is Justice for Health, Health for Justice.



- Dr. Sajeew Kumar (Psychiatrist, Thalassery Co-operative Hospital) conducted an awareness class at Thiruvangad Girls Higher Secondary School, Thalassery. Around 200 students and teachers attended the function. WHO Theme for this year is Justice for Health, Health for Justice.



01.07.2019: Doctors Day Celebration

- Doctor's day, the Birth and Death Anniversary, of the legendary Dr. B.C.Roy was celebrated in a befitting and grand manner at IMA Hall, Thalassery. Flag

Salutation by Dr. Johnny Sebastian (Secretary IMA Thalassery). IMA President Dr. Rajeev Nambiar presided over the function. Smt. T Indira (Hon'ble District & Sessions Judge, Thalassery) was the chief guest. Sri. K K Marar (Artist, Writer, Winner-Fellowship Kerala Lathikala Academy 2019) was the Guest of Honour. IMA Thalassery honoured Dr. Jaikar Prabhu, senior doctor of our branch on that occasion. IMA Past National Vice President Dr. T N Babu Ravindran delivered the doctors day message. IMA Thalassery honoured Dr. Jaikar Prabhu, senior doctors of our branch, and Honoured Dr. Satheesan B for receiving Best Doctor Award 2019 Govt of Kerala and Dr. Chandran K Nair for his exemplary service in the field of bornmarrow transplant at Malabar Cancer Centre, Thalassery. The photograph of expired doctor, Dr. Dolly Thomas and Dr. Gangadharan C K was unveiled by our chief guest. President Dr. Rajeev Nambiar, presented a memento to the chief guest.

Scholarship amount of Rs. 5,000/- each were presented to four financially backward MBBS students from Kannur District from the Dr. K.T.P Nambiar and Smt. Sreedevi Amma Memorial endowment fund 1st year MBBS Students Master Akshay E V (Govt Medical College, Kottayam) Master. II nd year MBBS Student Master. Vishnu, Amala Institute of Medical Science, Thrissur & Miss. Anusree M P, T D Medical College, Alappuzha, IIIrd year MBBS Student Master. Sai Nivedh Laxman, DM WIMS Medical College, Wayanad. Financial aid from the Dr. P.V. George Memorial Fund was distributed to one cardiac patient awaiting surgery. An amount of Rs. 10,000/- was handed over during the function. An amount of Rs. 5,000/- each were handed over as financial aid from the Mr. K.K. Nambiar memorial fund to two cancer patients. An amount of Rs. 5,000/- each were handed over as financial aid from the Dr. Sunil Kumar memorial fund for two cancer patients. IMA Thalassery honoured 10 children of our members who had meritoriously completed 10th & 12th standard. Dr. Gopeenathan. P, Dr. Surendra Bbau V P, Dr. Sasidhran K, Dr. Rajeevan V K, Dr. Johnny Sebastian and Dr. Bejoy C P felicitated the function. Around 180 people including members of Thalassery IMA their families,

The various Scholarships and aids were distributed by the Chief Guest. A

representatives of other organizations including Lions Club, Jaycees, Rotary club, Elders Forum, Senior citizens forum, Senior Chamber, Press Club, Bar Association, Cosmopolitan Club attended the meeting. WIMA Secretary Dr. Radhika Aravind proposed the vote of thanks.



SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

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The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

Media

10.06.2019: Talk on Communicable Diseases by Dr.Sasidharan K in “Kettathum Kelkendathum” in Akashavaani Kannur on 10th June.

14.06.2019: Press Conference

A Press meet to explain about the IMA 24 hours strike was arranged at the press club which was attended by our members, Dr.Babu Ravindran,Dr.Srikumar Vasudevan,

Dr.Rajeev Nambiar, Dr.Johny Sebastian, Dr.Radha, Dr.Mini Balakrishnan, Dr.Sreeja Viswan and Dr.Radhika. The press meet was followed by a lively interaction.



Donation

06.06.2019: Donation

Distribution of Uniform clothes to poor students at Govt. Moppila Junior Basic School, Dharmadam on 06.06.2019 as part of their 'Praveshanotsavam'. The uniform clothes were distributed by Dr. Johnny Sebastian (Secretary IMA Thalassery) on behalf of IMA Thalassery.



PUBLIC RELATIONS & SOCIAL

INVOLVMENT

04.06.2019: Saidar Palli T C Ummer Charitable Trust “RAMSAN KIT” was distributed by Dr.Rajeev Nambiar(President IMA Thalassery)

06.06.2019: Praveshanotsavam at Pilakool School was inaugurated by Dr.Rajeev Nambiar,President IMA Thalassery.He also distributed kits to the new students.



20.06.2019: Sthreesaktheekarana Programme

IMA President Dr.Rajeev Nambiar, Dr.Satheesan B (Director,MCC,Thalassery) and Dr.Madhusoodanan T(Chest Physician,Thalassery) attended the Sthreesaktheekarana Programme at Madapeedika. Municipal Chairman Sri.C K Ramesan inaugurated the function.